

Earthy

No. 2



Sit here, quite shaded by the beautiful luxuriant foliage of the laurel, and draw sweet drink from the lovely spring, that thy limbs, panting with the labours of summer, may take rest beaten by the western breeze.

Anyte, 3rd century BC, Greece



Edward Lear, Corfu from Ascension, 1862

MASTHEAD

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Thomas Lawrence, Portrait of Harriott West, 1824–1825



W. Thorne

WILLIAM THORNE
1892

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Sewing Pattern

Wrap dress

The dress pattern here is a reissue of a circa 1953 design, available as Vogue Pattern No. V1864. We have made the dress with Okutex *Cotton Sateen* in the ivory color and Barig *I Nastri* cotton bias tape in Col. 5504 Fango - Burro. The buttons are natural cow horn, attached with Daruma No. 30 cotton thread. The sewing thread is Presencia Nos. 50 and 60 cotton.





Sewing Pattern

Shirt and shorts

The patterns are chosen here based upon an outfit worn by fashion model Patsy Pulitzer on a trip to Palm Beach, Florida in 1955. We have made the shirt using the Burda Style No. 6426 pattern, view A and Okutex *Full Voile* cotton in the light beige color, and the shorts using the Butterick No. B6946 pattern, view D and Brisbane Moss *Shakespeare* two-ply cotton twill in the tobacco color.

The interlining on the shirt and shorts is made non-fused with Okutex cotton batiste. The buttons on the shirt are Tomoi mother-of-pearl (*Pinctada maxima*), attached with Daruma No. 30 cotton thread. The zipper on the shorts is Riri 4 mm nickel on natural cotton tape. The sewing thread on the shirt is Presencia No. 60 cotton, and the sewing thread on the shorts is Presencia No. 40 cotton.



Sewing scissors

Having the right high-quality tools is important for doing the best work, and the following are the sewing scissors that we recommend and use in the Earthy workshop.

Josaku in Japan make some of the finest tailoring shears in the world. We use the 240 mm size with blade edges forged with Yasugi Specialty Steel *Aogami 1*, also known as blue paper steel no. 1. This is an alloy steel with high carbon content and few impurities and with a small amount of chromium and tungsten added for toughness and wear resistance. These are our main scissors for cutting fabrics.

There are a number of other fine makers in Japan. Another top recommendation would be Takeji Tajika, who make as their basic model excellent tailoring shears with blade edges forged with Yasugi Spe-

cialty Steel *Shirogami 1*, also known as white paper steel no. 1. This is a carbon steel with high carbon content and few impurities similar to *Aogami 1*, but even more pure without the added chromium and tungsten.

For cutting out patterns, as well as some fabric work, we use an older model of KAI scissors made in Japan, the S-8 with stainless steel blades and hard plastic handles. These scissors are not made anymore. The comparable model now is made in Vietnam and has flexible plastic handles.

For small details in fabric and for cutting thread we use WASA embroidery scissors made in Germany, 3.5 in length, nickel-plated carbon steel. We have chosen a model with sharp pointed tips, which requires careful use but helps with certain details like making precision cuts and opening buttonholes.



Paul Wolff, Girl Sewing, 1930–1940

Panama hat

The Panama hat is one of the great items of outfitting. When made properly, they are elegant, earthy, and versatile. All genuine Panama hats are made in Ecuador, with their name originating from being exported through Panama during the early centuries of their existence. Depending upon the maker, the final stages of the making, the blocking, ironing, and finishing, might be done in another location.

Panama hats are woven from the straw of the toquilla plant (*Carludovica palmata*). Once the plant fibers are separated by hand, they are softened in hot water and dried in the shade. The hat is then woven by hand on a wooden block and then backweaved to create the double layer of straw on the rim. The hat is washed and dried and then hammered with wooden mallets or by machine to further soften the fibers. The hat then goes on to blocking and ironing to

develop the shape and then finishing with sweatband and perhaps an exterior decorative ribbon. If the hat is bleached to lighten the color, it should be done with sulfur smoke and not submerged in peroxide—the peroxide makes an overly-bright artificial white, ruins the feel of the straw, and can weaken the hat.

The hat shown here is the *Borges & Scott Signature Range Ladies Natural Panama Fedora*, available from England. We like this hat because it is a finer weave than standard Panama hats, which increases its elegance and durability, but not quite as fine and expensive as the Montecristi grades. We also like its form, with the round crown and wider brim, and its natural color, instead of being lightened. This particular hat comes without any decorative ribbon, but we have sewn on a cotton and viscose blend Peter-sham ribbon from Italy.



Holy Craft

Four hundred years ago, a recipe was given to a young girl by an apothecary and carried to the Benedictine monastery of Bouzy-la-Forêt in France. Ever since then, the nuns have made L'Eau d'Émeraude, or Emerald Water, and this lotion has enjoyed a rich history.

Spanish sage (*Salvia lavandulifolia*), peppermint (*Mentha piperita*), and rosemary (*Rosmarinus officinalis*) are fermented in honey and water and then distilled in a copper alembic into a 50% alcohol distillate and bottled in glass containers. The green color is obtained naturally, and there are no additives, colorants, or preservatives.

The lotion can be used for almost anything, as an ointment or compress for irritated or scratched skin, an after-shave, a massage lotion to restore the body, or for oral hygiene as a mouthwash or gargle diluted in a little warm water.



L'Eau d'Émeraude
une lotion naturelle et biochimique
pour la peau
et l'hygiène basale
Élaborée par les
ARISTOTINI DE AURELIANO, CALABRE
WWW.ASTILLARI.COM

Down and feather pillows

Traditional down and feather pillows are some of the most comfortable natural pillows available. Many nowadays get creative with mixes of down and feathers, but the pillow shown here from The Feather Company, a small family business in Edinburgh, Scotland, is available in either pure European duck down or pure European duck feather filling.

The down filling is softer and lighter, and the feather filling is firmer and heavier. Both are available in a range of filling densities and covered in either plain white cotton cambric or the heavier black and white stripe cotton ticking shown here.

These pillows are hand-filled to specific weights and are completely natural in the filling, cover, and sewing thread. We think they represent a fun, interesting, and good quality option for down and feather pillows.





FAIRY LAND

PICTURES from the

ELF-WORLD

Here we present a selection of artworks by Richard Doyle, engraved and printed by Edmund Evans, and published in 1870 in London, England by Longmans, Green, Reader, & Dyer.

Pages 22–23:

A Rehearsal in Fairy Land. Musical Elf teaching the young birds to sing.



Elf and Owls. •







Flirting.



Courtship cut short.



Dressing the



Baby-Elves.



Enter, an Elf in search of a Fairy.



HIS is a little Play, in
Three Acts.

Scene: a Toadstool.

Characters: a sentimental
Elf and a wayward
Fairy.



He finds her, and this is the consequence.



She runs away, and this is his condition.



WATER-LILIES and Water Fairies of
of Water Fairies disporting themselves
Lily-boat with the aid of a Kingfisher.
third is assisted by a flying Goblin.
the stream, out of which a Fish pops



the period. Is it a grand aquatic procession? or is it only a party
s? or are they racing? One Fairy Water Nymph is drawn on in her
her; another, floating in a flower, is helped forward by a Duck; a
A Frog carrying an Elf on his back seems about to jump into
his head, and appears to be making a remark.

